

## Information for women who are pregnant and rough sleeping in Westminster

All women can get maternity health care in the UK. Maternity care includes all antenatal, birth and post natal care. This is because maternity care is classed as 'immediate and necessary treatment' and pregnant women must not be refused treatment for any reason.

The care you get before giving birth is called antenatal care. It is important that you get checked as early as possible. The first step is to see a GP. There are two GP surgeries in Westminster providing health care for homeless people. They will check that you and your baby are well, give you useful information to help you have a healthy pregnancy (including healthy eating, vitamins and exercise advice) and answer any questions you may have. If you don't speak English, let the surgery know and arrangements will be made. After your first appointment the GP surgery will refer you to the maternity unit at the local hospital. You will get an appointment with a midwife. The two GP surgeries for homeless people are:

### Great Chapel Street Medical Centre

13 Great Chapel Street  
London  
W1F 8FL  
Tel: 020 7437 9360  
Email: [Info@greatchapelst.org.uk](mailto:Info@greatchapelst.org.uk)

<http://www.greatchapelst.org.uk/>

Nurses are available Monday to Friday 10am to 4.40pm.

### Cardinal Hume Medical Centre

3-7 Arneway Street  
Horseferry Road  
London  
SW1P 2BG

Phone: 020 7222 1602  
[info@cardinalhumecentre.org.uk](mailto:info@cardinalhumecentre.org.uk)  
<https://www.cardinalhumecentre.org.uk/need-help/surgery/>

The surgery is open Monday to Friday 10am to 12:30pm and 2pm to 4pm (except Wednesday afternoon when closed)

### Emergencies

Even if you are not planning to have your baby in the UK, you can still get checked out here and it is important to know what to do and where to go if the baby comes early. In an emergency you can attend either of the GP surgeries above or telephone 999 for an ambulance.

